

Sleaford Dementia Café

**The fourth Wednesday of every Month from
10am – 12 noon**



If you have dementia, or are caring for someone with dementia you'll be welcomed at our café. Come along to meet others in a similar situation, in a relaxed social setting. You can spend time sharing information and experiences, or simply have a cup of tea and a chat. Staff and volunteers will be on hand to give you information and support.

The café will be held at:

The Source, Southgate, Sleaford, NG34 7RY

For more information contact:

Alzheimer's Society

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Charity No 296645

